

Holiday Gift Ideas for All Ages

Shelby Hagedorn, COTA/L Jami Eilers, MA OTR/L

Happy Holidays Everyone! If you are unsure what to buy for your child this holiday, we have provided a list of great toys and activities that your child may enjoy. We use many of these activities here at SunnyDays to work on a variety of skills. An added bonus is that they are FUN!

Fine Motor Ideas:

- Lite-brite
- Spirograph
- Squiggle Writer
- Basic Skills Puzzle
- Playskool Dressy Kids
- Bathtub crayons
- Window Markers
- Mr. Potato Head

- Button Art
- Motor Works by Discovery Toys
- Etch-a-sketch
- Any building toys (K'NEX, Legos, Marble Run, Tinker Toys, Lincoln logs, Gears...)

Our Favorite Games:

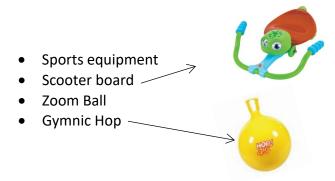
- Hungry Hungry Hippo
- Chutes and Ladders
- Twister
- Candyland



- Jenga
- Pop The Pirate
- Sequence -
- Shark Bite



Gross Motor Ideas:



SENSORY Vestibular:

- Vestibu
- Sit and Spin
- Rocking Chair
- Razor FlashRider 360



Proprioceptive

- Trampoline
- Weighted blanket or stuffed animal
- Bean bag chair

Tactile

- Wikki Sticks _
- Playdoh
- Crazy Sand
- Finger paints (or bath paints)

Apps

- Letter School Teaches correct way to write letters and numbers
- Rush Hour _____
- Dexteria Jr.
- Toca Boca



Language/Speech:

- Bubbles
- Flashcards
- Spot it! -
- Music CDs
- Books

